## WORK LIFE BALANCE

Encourage staff to take breaks and establish effective work/ home boundaries with regard to technology, contact and location of work – ensure work patterns are respected.

## **TEAM CALLS**

Schedule team calls regularly to check in and/or discuss workload.

## SOCIALISING

Colleagues/small teams can arrange 'tea break' calls.

## TALK

Don't just rely on electronic communication for work related discussions or to catch up – it's good to talk...

# REMOTE TEAM WORKING

# ÷

## HR AND OTHER ASSISTANCE

Remind employees of availability of HR support and any Employee Assistance Programme in place.

# VIDEO

Explore what options are available to connect by video – particularly for meetings with a large number of participants.

# ג 0 א ← () → ע ע א

## **SUPERVISORS**

Consider arranging a regular time when your team can call you everyday.